

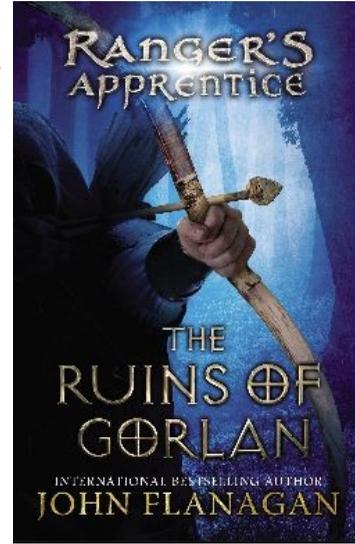
BOOK REVIEWS

“**The Ruins of Gorlan**” by John Flanagan is the first in the Ranger's Apprentice series. This story delves into the life of a young ward of the realm. He and his friends at the tender age of fifteen have to determine which craft they will apprentice under and then be accepted into that sector. Will's curiosity and natural attributes land him into the ranger apprenticeship. His mentor Halt shows him the meaning and importance to each lesson he is taught. As Will's skill develops he learns more than just his lessons, he learns about the importance of loyalty, friendship, courage and reliability.

The job of a ranger is to seek out information through tracking and under the cloak of camouflage discover what the motives of others are towards or against the king-

dom. Will quickly discovers that there is more danger involved in his new role than he once anticipated especially when his role becomes vital in an oncoming war against the kingdom. Will he be able to live through the oncoming peril?

Submitted by Kelly Murray



DO YOU HAVE WHAT IT TAKES?



Library Allard is looking for anyone who has read a good book and would like to tell about it. The library has one page designated to book reviews in the Allard newsletter and is looking to fill it with

some book reviews written by individuals in the community. If you think you would like to write a simple book review you can email

it to Jen at asslib@allardlibrary.com and it will be put in the next newsletter!



BIBLIOTHÈQUE ALLARD REGIONAL LIBRARY



Allard Advantage



Issue 28

Mar/April 2016

SUPERHERO FOR A DAY!



Calling all Superheroes!! Big or small, boy or girl, Library Allard wants to party with you! On **Thursday, March 31st** the library is hosting it's 1st annual "Superhero for a Day"! The event will run from **1:00pm - 7:00pm!** The library is planning exciting games, prizes, superhero ac-

tivities, supper and will end the fun filled day with an awesome superhero movie & popcorn! To add to the fun we ask that you come in a superhero costume if possible. Children under 5 should be accompanied by an adult for the day. If you are interested, or know someone who would be, sign up at the library today! Tell your friends and family! There is a maximum of 24 children able to attend so sign up early to avoid disappointment! Can't wait to see your costumes!

Points of interest:

- *Superhero for a Day!*
- *Kick Ass Women's Day*
- *Superhero Scavenger Hunt*
- *Special Display*
- *Suggestion Box Responses*
- *Victoria Beach Happenings*
- *Did you know?*
- *Art Exhibit in April*
- *New movies*
- *Disc repair*
- *Crossword puzzle*
- *Eating for Health*
- *Craving Change*
- *Movie rentals*
- *Book reviews*
- *Writer's wanted!*



Like us on
Facebook



2ND ANNUAL KICKASS WOMEN'S DAY



This event is set for **Saturday, April 30th, 2016 from 10:00am-3:00pm.** All are welcome! The event is to promote health and wellness to the women in the area. The goals are: to provide information for women from a variety of health care facilities; to provide an opportunity to connect with vendor's services and products that appeal to women; to have the opportunity to partake in methods of re-



laxation; and have the chance to participate in interactive activities that promote wellness. There will be several vendors such as Foxy Leggings, doTERRA Essential Oils, Pampered Chef, Tiber River, Epicure, Silver Icing Clothing, Scentsy, 31 Bags, Velata, &



Beachbody/Shakeology to name a few! There will be a dietitian, and many more information tables for individuals to view and ask questions. There will be activities available such as hand reflexology, massage therapy, a Crazy Photo

Booth and more. There will be several health care information booths to address concerns from diabetes to heart health. This

is also a great place for those that are searching for ideas for gifts for their loved ones on Mother's Day! If you have any questions or need more information please contact the library at 367-8443 or asstlib@allardlibrary.com.

The library will have sign up sheets at the circulation desk for the different activities, so plan to attend now! Sign up early!



EATING FOR HEALTH

On **Wednesday, April 6th, 2016** from 5:30pm - 7:30pm the library will be hosting an "Eating for Health" presentation. The presentation will focus on healthy eating to promote healthy cholesterol levels and blood pressure in the body. Having high cho-

lesterol and high blood pressure can increase the risk for many chronic diseases. There will be information on food sources of cholesterol, healthy fats, unhealthy fats, fibre, and sodium as well as many healthy lifestyle tips to im-

prove your blood cholesterol and blood pressure. This is a free presentation you do not want to miss out on. Register today and bring a friend!



CRAVING CHANGE IN MAY



Interlake-Eastern Regional Health Authority

As promised last fall, Library Allard will be hosting another Interlake Eastman Regional Health Authority program called Craving Change on

three consecutive Wednesday evenings from 5:30-7:30pm in May starting May 4th. The program is free. Its intent is to help people figure out why they eat the way they do and then work towards changing those habits.

If you are interested in attending please call 204-367-8443 ask for Kelly or Jen or email asstlib@allardlibrary.com



MOVIE RENTALS AT ALLARD

Love to watch movies but hate the quick deadlines of having to return them ... then the library is the solution for you. You can rent a movie for **\$1 for an entire week.** If you choose a **DVD series you pay \$3 for**

a two week loan period. And to top it off if you haven't had a chance to watch it



in that time period call and renew it and pay either \$1 or \$3 for another loan period. No exorbitant late fees either—only \$1 a day if you are late!



SUPERHERO CROSSWORD PUZZLE

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 B E E L Q S U D R U Z E K I H I G G V P U E I J N X
 U N F N S R T T H H Z R B A T M A N N M D Z U R Q O
 R B A Y A R I S U N K P U Z P G R F E A Q N F T J Q
 P B Z N Q G Y J L P E U B T G J J C B V V G Q V J Y
 F C T P V T E A K N O B V G N O N K L F O Z I Q G Q
 G C S U P X G M I S Z L S G F Z S V A Z Q N H U F O
 W Q N M Y I J R U U X X G K E F G D C B N I D E E Z
 B B K X H Z E U D T G N C E C X M N K P H T T A U W
 B C A S S V A E K Y A X N Z A Z Q I W B F H F V J C
 F O O Y L U T M U S J N W A V M R B I X T O H V R A
 S H R O I Q W L S W S N T N P P D U D W Q R X K O P
 R D W K V G L O T V A H A N A A Y Q O Z A M S X S T
 V O C A K E M M N M V M B K I T Q Y W N M C Y H Z A
 G C I J K W O F R D R Q W U T N M N Q G N W Q M Q I
 P W Y I G N X E H E E I J F U X G A M I Q R N V O N
 N L Q Y Q J P V D M W R D T M C P A M F M Q C T F A
 S F L X X U S I M K F P W I D E K A T R E A J L S M
 J E B P S I P G G M P K V O R E F E M U T S E I Q E
 B L W N L S B S P K I N I G M R L R M D R A G K X R
 P S M W R M P G N E Q H H M V A S G S A Y T T J A I
 A Z Y J F C E V N I S T P U O E N M L J U H L U M C
 Q C S D L F T X J X G Z E S C M O A Z A P C I E V A
 F I W G I R O N M A N G R E E N L A N T E R N G S C
 R U A X U U G Y P R J L L N O C J W A I O Y D Q A D

- GREEN LANTERN → CAPTAIN AMERICA → IRON MAN
- THOR → WONDER WOMAN → SUPERMAN
- TEENAGE MUTANT NINJA TURTLES → BATMAN → SPIDERMAN
- WOLVERINE → BLACK WIDOW → HULK

SUPERHERO SCAVENGER HUNT IN MARCH

In March the library has a “Superhero Scavenger Hunt” game set up for our younger patrons to enjoy for 6 weeks!

Simply come to the library during regular business hours, ask the circulation



desk staff for a form. Fill out the correct superhero

name and number found beside it and hand it into the staff. If you have all the names and numbers correct you get to choose a prize from the treasure chest! Bring your kids down to take part in this fun activity!

SPECIAL DISPLAYS



The children’s theme for **March is Superheroes!** Come and check out books, graphic novels, comics, magazines and much more about Superheros!

The theme for **April** is celebrating “**Easter**”! There are many books in both French and English.



The library has added an adult special display! Every month the library will feature a different genre! The display for March will feature “**Westerns**” and April will feature “**Science Fiction!**”

SUGGESTION BOX RESPONSES

During the last few months we have received requests in our Suggestion Box from patrons requesting to bring back the Large Print section in the library. We had

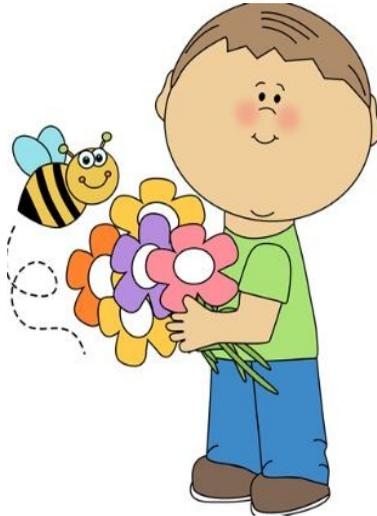


recently mixed the large print books among the fiction throughout the library. The library staff has brought the Large Print section!



VICTORIA BEACH HAPPENINGS

I'm sure your looking forward to spring. Are you dreaming of planting your garden yet? If so, we have you covered! We have gardening magazines, and a number of books on gardening for the enthusiasts out there. For the rest of you just waiting for some warm weather, a good book to curl up with will help to pass the time.



Some new titles on our shelves are:

- Perfect Touch** by Elizabeth Lowell
- Wayfaring Stranger** by James Lee Burke
- The Pharaoh's Secret** by Clive Cussler (# 13 in the Kurt Austin series)
- See Me** by Nicholas Sparks
- We look forward to seeing you.

DID YOU KNOW ...

Service Canada

...that Service Canada is at the library every Wednesday?

A Service Canada representative is available to help you with pension, employment insurance, application for SIN cards,

passport data, etc. every Wednesday from 9:00 to 3:30. They take a lunch break from noon to 1 pm. Walk-ins only.



...that the library has WiFi?

Patrons can come to the library with their laptops, iPads, iPods, smart phones, and other digital devices and use our internet.



BIBLIOTHÈQUE ALLARD REGIONAL LIBRARY

HOURS OF OPERATION:

Tuesday	10:30 - 5:00
Wednesday	12:00 - 8:00
Thursday	12:00 - 8:00
Friday	12:00 - 5:00
Saturday	10:00 - 3:30

104068 PTH 11
St. Georges, MB R0E 1V0
(204) 367-8443
info@allardlibrary.com

Head Librarian: Kelly Murray

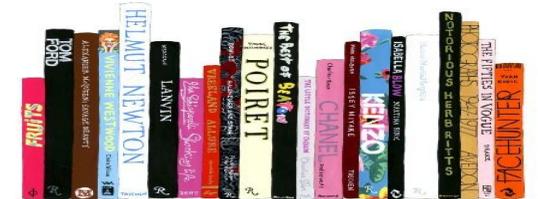
VICTORIA BEACH BRANCH

Wednesday	10:00 - 2:00
Friday	10:00 - 2:00
Saturday	10:00 - 1:00

3 Ateah Road
Victoria Beach, MB
(204) 756-2043
victoria-beachbranch@hotmail.com

ART EXHIBIT IN APRIL

The St. George Historical Society is planning to have an Art Exhibit in April at Library Allard. The details about the exhibit will be posted on our Facebook page at **Bibliothèque Allard Regional Library** when we have them. Feel free to "like" our page on Facebook to keep up to date with future exhibits, displays and more!



NEW MOVIES

- Outlander: Season 1 Volume 2
- A Love Song for Bobby Long
- Emotional Arithmetic
- Mean Creek
- Mad Men : Season 7 Part 1
- Mad Men : Season 6
- Wild Target
- Breaking Bad : Season 1
- Outlander : Season 1 Volume 1
- Emmanuel's Gift
- Breaking Bad : Season 5
- Breaking Bad : Season 4
- The Lego Movie

Disc Repair



turn this into this!

at Library Allard

HOURS OF OPERATION:

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Thursday	12:00 - 8:00
Friday	12:00 - 5:00
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